

"Fresh" at the Tacoma Farmers Markets

www.tacomafarmersmarket.com

Tuesdays

6th Ave & Pine Street,
3:30-7:30p

Thursdays

Downtown on
Broadway (between 9th
& 11th)
9:00am-2pm

(253) 272-7077



There are beautiful yet limited varieties of produce in the winter. Click [here](#) to learn how to stretch your food dollar and preserve fresh foods found at markets now.



Give thanks to these



Pork Available at Broadway-New!!

Beef Available at Broadway & 6th Ave

New at the Market(s):

Apples - More varieties every week: Gala, Fuji, Shamrock, Green Varieties (Collins Family Fruit, Green Valley, Martin Family Orchards, Tiny's Organic, Lyall and more!)

Farm Fresh Eggs - Toboton Creek Farms 6th Ave

New Vendors:

The Hub brings lunchtime wraps to Broadway

Lumpia World - 6th Ave - Lumpia & Soba Noodles

Europa Bistro -Handmade Italian Dishes & FRESH PASTA (yum!)

Chef's Corner:

Great chef buys on bulk Basil right now!! Visit Oak Ridge Farms for more details.

September Announcements:

**Top Chef Cooking
Demonstration!**

Featuring Top Chef'testant

CJ Jacobson from Bravo



Taking Place at the Broadway Market on
Thursday, September 10, 10am to 2pm

sponsors - who make
the Market possible!

Prepared Food @ Bway:

Gateway to India

Cap'N Mikes

Miro's

Taste of Peru

Josefina's

Terriyaki Steak

PF Roastings

Jakes Brew

The Hub

**All Tacoma Markets
Accept WIC, EBT &
Senior Checks!**

Presented by Click! Cable TV

The 6th Ave Market Extends its Season!

Now enjoy farm fresh goods thru October

"Best-Fall-Soup" Award & Fundraiser



at the 6th Ave Market

Tuesday, September 29, 4:30 - 6:00PM

YOU as the judge: Community Member Judging

\$10 Tasting/Judging Fee

*All proceeds go to assist a farmer in need (The
Bee Lady) who recently lost her husband and
maintains a family of 7 plus her farm!

Tickets will soon be available at:

South Sound Eats

Fresh Everyday

FRUIT:

Apricots

Apples - gala,
fuji, shamrock

Blueberries -
Sophia's &
Sidhu

Boysenberries

Blackberries

Donut Peaches - oh so sweet!

Huckleberries

Nectarines

Peaches - Martins, Collins, Tiny's

Pluots - Tiny's

Rhubarb - tender & juicy



Yellow Raspberries

Melons - all varieties

VEGETABLES:

Beans - multiple varieties

Beets- carrot beets, golden beets, rich red beets

Broccoli

Cabbage

Carrots - Sweet tender new carrots, Rainbow multi-colored

Cauliflower

Chard - Swiss

Chives

Corn

Cucumbers for pickling (all sizes)

Fava Beans

Fennel

Garlic - Green Garlic, Italian Red...mmm good, Garlic Chives, Dried

Green Beans - early Haricot Vert

Greens - Crumpled Cress, Horned Mustard, Red

Russian Kale, Oak Lettuce, Jack Ice Lettuce,

Purple Osaka, Tres Fin Endive, Divina Lettuce,

Hyper Red Rumpel Waved, Chervil, Rapini,

Spinach, Red Spinach, Mustards, Purslane,

Collards, Bok Choy, Arugula, Mizuna, Sorrel,

Dandelion, Chrysanthemum Leaves, Turnip,

Mustard Spinach

Mixed Braising Greens, Spicy Salad Mix,

Sunflower Sprouts, Wild Watercress, Wood

Sorrel, Miner's Lettuce

Horseradish

Kale - Green, Purple, Red

Kohlrabi

Leeks

Lettuce- Redleaf, Oakleaf, Greenleaf, French

Crisp, Romaine, Butterhead

Onions - Sweet bunching variety - Red and

White, Walla-Walla, and many more

Peas - Sugar Snap, English Shelling

Pea Vines

Peppers - Anaheim Green Chili's, Jalapenos

Pole Beans

Potatoes - Blue, Yukon Gold, Reds, Cal-White,

Desiree, and more each week (fingerlings & reg's)

Radishes - French Breakfast, Red, Daikon

Rhubarb

Shallots

Summer Squash & Squash Blossoms

Tomatoes - heirlooms, cluster, cherry & more

every day!

Tomatillos

Turnips - Baby varieties - White and Purple

Zucchini - baby varieties, squash blossoms, yellow and green

Cheese - Willapa Sheep Milk, Mt. Townsend Cow's Milk Varieties, Blue Rose Goat's Milk Varieties

Protein Items: Pature Raised, Grass Fed Beef - Happy Mountain Farms, Morning Fresh Eggs from Oak Ridge, Duck Eggs at Prana (6th Ave), Hummus & Spreads from Sound Bites, Seafood & Salmon from Rolf's and Brady's

Artisan Breads - Hess Bakery, Stone Ground, Grand Central Baking Co (locally grown Shepard's grain!)

Abundant & Gorgeous Northwest Flowers (6 artistic vendors to choose from)

**Free
Tote**

Free Tote & 10% off with \$20 Produce Purchase!!

Visit the Market Information booth and exchange your \$20 for \$22 in market spending tokens and receive a reusable tote bag absolutely FREE!

Offer Expires: FRIDAY, September 4